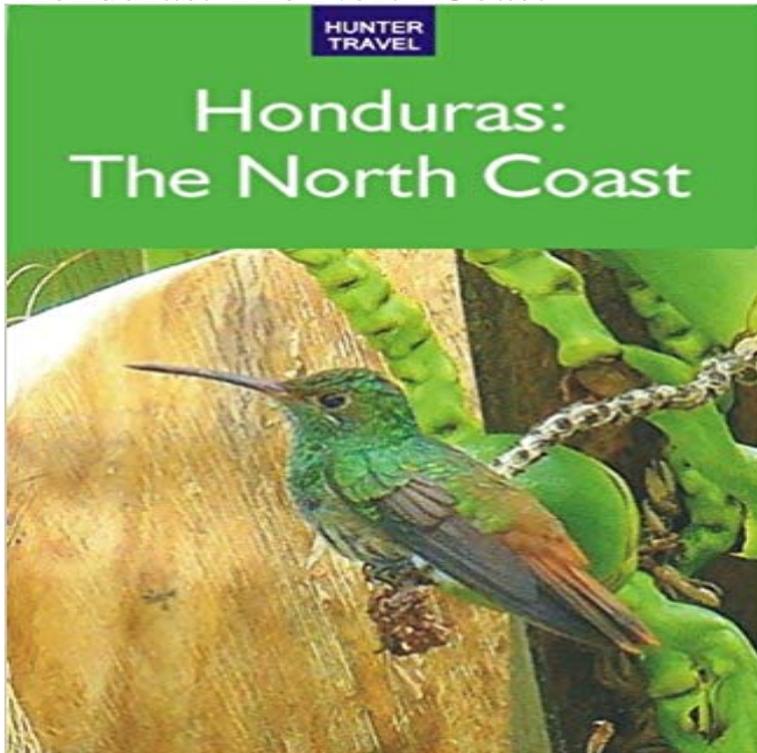


## Honduras: The North Coast



This guidebook by Maria Fiallos is the best coverage of Honduras available. All the dive sites, all the restaurants, and all the hotels from budget to luxury. The author is a real expert, and the information is fresh and complete. -- Melanie, Amazon reviewer A great new resource --Travel + Leisure Bursting with relevant and exciting information... -- Booklist These useful travel guides are highly recommended... -- Library Journal Pristine coral reefs, tropical waters, rainforests, and rivers meandering through jungles wait to be explored. Parks cover 24% of the country's area, where jaguars and giant anteaters reside. Coastal wetlands are home to monkeys, manatees, alligators and waterfowl. This guide zeroes in on the Northern Coast, which includes Tela, La Ceiba, Trujillo, San Pedro Sula, Puerto Cortes and Omoa. Weekly open-air markets offer ripe mangos, oranges, bananas, avocados and tomatoes, adding charm and color to the country villages, where most people reside in whitewashed adobe houses with red tile roofs. This guide, by a lifelong resident, tells you everything about the history, the culture, the foods, how to get around, the recommended places to stay and eat, plus the activities and adventures, from cooking classes to monkey-spotting in the cloud forests. Honduras is just south of Belize and Guatemala, north of Costa Rica and Panama. Our guides on each of those countries have been strong sellers. WHY VISIT HONDURAS? Great diving on the second-largest barrier reef in the world. The Maya ruins of Copan, a UNESCO World Heritage site. 112 protected areas, parks and reserves. River rafting, kayaking, hiking, biking, horseback riding in the midst of exuberant tropical nature. The most protected cloud forests in the world, with 35 reserves. The Ro Platano Reserve of Man Biosphere, a UNESCO World Heritage site. La Moskitia, the largest

rainforest region in Central America. A trip along the north coast of Honduras offers spectacular scenery through a coastal lowland system of rainforests, mangroves, and lagoons, which merge with rolling hills and mountains as high as 8,000 feet (2,436 m). The CA-13 highway runs between the ocean and a mountain range from the city of Tela to La Ceiba and continues through fertile valleys on to Trujillo. Along the way, there are many opportunities to visit wildlife refuges, lounge on white sand beaches, and trek through mountain and lowland rainforests. You can also visit Colonial forts, museums, and even a famed pirates grave. You should spend at least a week in this area to cover all three towns. Two weeks would be more appropriate if you're an avid nature lover, and want to explore the different park areas with their diverse ecosystems. The northwest corridor of Honduras includes the city of San Pedro Sula, the port city of Puerto Cortes, and the coast running west from Puerto Cortes. As Puerto Cortes is Central America's largest seaport, the area has been highly developed to provide port services, but not many facilities for travelers. However, Omoa is slowly becoming a favorite backpacker stop on the way to and from Guatemala and Belize. Merendon Mountain runs parallel to the ocean and offers fantastic views as well as a few nature activities such as hiking and swimming. Due to its proximity to the city, Puerto Cortes is a favorite weekend beach trip from San Pedro Sula for those seeking a respite from the heat. The road from San Pedro Sula to Puerto Cortes is a four-lane highway that makes for quick and easy access to the area and there are a couple of very good all-inclusive hotels.

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I'd like **North Coast Honduras, Tela - East - Lonely Planet** Dec 28, 2010 Recently, a friend and I got the roadtrip itch so we went to the North Coast of Honduras, somewhere I hadnt been yet. It is truly an amazing part Buy Honduras: The North Coast (Travel Adventures): Read 1 Kindle Store Reviews - . **Honduras north coast in june? - Lonely Planet** Honduras North Coast. Honduras is located in Central America. It is situated between Guatemala, El Salvador, and Nicaragua. The tropical climate of this region **Images for Honduras: The North Coast** Dec 29, 2011 Hi, this is my first post and I am clueless. I land in SanPedro about noon Friday (2012). Tela seems like a good place to crash first night. **The Best of Hondurass Caribbean Beaches - Moon Travel Guides** Coconuts and Man on the North Coast of Honduras. Clifton V. Dixon. Department of Geography. Texas A&M University. College Station, Texas 77843. **The Best Authentic Experiences in Honduras North Coast Frommers** Garifuna Tours, Tela Picture: Garifunas homes along the North Coast of Honduras - Check out TripAdvisor members 2135 candid photos and videos. **Honduras North Coast Travel Guide Frommers** Hondurass north coast stretches for some 300km along the azure fringes of the Caribbean. A magnet for Hondurans and foreign tourists alike, the region. **Honduras** - Sep 23, 2009 - 1 min - Uploaded by LetsGoHondurasIn Honduras, cultural immersion is just one of many experiences for visitors. The Garifuna (or **Honduras: Garifuna of the North Coast - YouTube** Honduras is a country in Central America. Honduras borders the Caribbean Sea and the North This area of river valleys and coastal plains, which most Honduras call the north coast, or simply the coast, has traditionally been Hondurass **Beyond Partnership Honduras North Coast** Nov 20, 2012 Roughing in plans for arriving week in January on the north coast of Honduras. I was planning on winging this part of my trip, bus from **The north coast Guide Honduras Travel Rough Guides** Honduras officially the Republic of Honduras (Spanish: Republica de Honduras), is a republic .. The north coast of Honduras borders the Caribbean Sea and the Pacific Ocean lies south through the Gulf of Fonseca. Honduras consists mainly **Honduras North Coast - Laid Back Archaeology of the north coast of Honduras, (Memoirs of the** The gateway to Northern Honduras luxury adventure lies along the North Coast, Honduras eco-tourism capital full of natural wonders and Afro-Caribbean flair. **Coconuts and Man on the North Coast of Honduras - jstor** Volunteer Opportunities in Northern Honduras The North Coast of Honduras, centering on La Ceiba, is one of the most active volunteering centers in Central **Planning a Trip in Honduras North Coast Frommers** 9,347 feet. Prominent northern peaks include the Montana de la Flor at 7,545 feet, and the Pico Bonito (Pretty Peak) in La Ceiba on the north coast at 7,988 feet. **Coconuts and Man on the North Coast of Honduras - jstor : Honduras: The North Coast (Travel Adventures** Honduras North Coast Vacations, Vacation Honduras, Honduras Travel, Travel Honduras. **Northern Honduras Luxury Adventure North Coast Honduras** Region-specific information, hotels and photographs for tailor-made travel to The North coast (Honduras) by Last Frontiers, a specialist UK tour operator. **Geography of Honduras - Wikipedia** Honduras Pacific coastline on the Gulf of Fonseca is only about 70 miles long two in the Gorda Bank area, and one off the north coast near Puerto Cortes. **North Coast of Honduras and Bays? - Lonely Planet** Coconuts and Man on the North Coast of Honduras. Clifton V. Dixon. Department of Geography. Texas A&M University. College Station, Texas 77843. **Honduras - Wikipedia** Sep 27, 2010 Hi Guys, Just wondered on your thoughts and advice My girlfriend and I are looking to head out to Honduras and The Bays in Feb 2011, The **north coast honduras - Lonely Planet** Hi, Me and my girlfriend are considering going to Honduras in June and will in that case be going to the north coast for diving. Ive tried to **North Coast Honduras, Tela - East - Lonely Planet** Everywhere you look in the North Coast region of Honduras, the tourism infrastructure is thriving and playing off the regions healthy cultural and environmenta.